



Star Talk



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CSA...What You Need To Know

CSA Warning Letter

A warning letter is sent by the Federal Motor Carrier Safety Administration (FMCSA) to identify Behavior Analysis and Safety Improvement Categories (BASICS) that are assigned an "alert" (safety compliance problems in the BASIC) and outlines possible consequences of continued safety problems. The warning letter provides instructions for accessing motor carrier safety data in the Safety Measurement System (SMS) as well as point-of-contact information. You may receive a warning letter if safety performance data shows you are not in full compliance with all FMCSA safety regulations. If you receive a warning letter you should review your safety data and develop and execute strategies that will make your operations compliant with safety regulations.

How do you avoid receiving a warning letter?

1. **Check your data** - Log in to SMS with your U.S. DOT# and PIN to access safety data or log in to the FMCSA Portal.
2. **Understand your safety assessment** - Percentiles and Alerts. Review this SMS Methodology document <http://csa2010.fmcsa.dot.gov/documents/smsmethodology.pdf>
3. **Take action to improve safety now!** - Ask us what StarCare can do for you.

Safety & Wellness

EMPLOYEE WELLNESS

by Mike Hensley

Exercise prevents-or at least reduces the severity of-musculoskeletal injuries. It also helps the body manage workload and weight. And the benefits aren't just physical. Exercise also increases confidence, cuts stress and improves mood. But if getting in shape were easy, everybody would do it. Fitness takes commitment and discipline. Supervisors can play a key role in getting workers to get in shape.



A Message From Our Leadership Team

200+ new 2012 53' Composite plate vans purchased from Vanguard

Star Leasing has purchased 200+ Vanguard 2012 53' composite plate vans. We also plan on buying new plastic lined and composite plates throughout the remainder of the year. With demand increasing, and the lack of semi-trailer capacity in the market, we are one of the few trailer leasing companies with the ability to continue to buy new equipment. We plan on continuing to buy new trailers for our rental fleets and our long-term lease customers designed to fit their specification needs throughout the remainder of this year.

What's New In Technology

In-cab video hitting the mark

According to [Fleet Owner magazine](#), fleets using in-cab video recorders connected to Internet-based management systems are finding they can significantly improve the effectiveness of their safety programs – reducing the risk of vehicle crashes while improving driver behavior and skill behind the wheel.

Loomis Armored recently did a six-month study that involved over 2,800 drivers and 1,000 of its vehicles equipped with the SmartDrive Measured Safety System. Collision frequency decreased 53% over the study period, with a corresponding reduction in four other key driver-related metrics: Distraction (dropped 54%); fatigue (declined 56%); non-use of seatbelts (fell 68%); and incidents of speeding (cut 53%).